

Focusing on...

Parenting as Children Grow



Seeking information and support for parenting is a sign of a strong parent. New information and parenting ideas are important for every parent, especially as their children grow and change.

Remember: Parenting as Children Grow = Knowledge of Parenting and Child Development

Tips

Places to go for information and support...

- Family Resource Center
- Community Center
- Libraries
- Physician or nurse
- Childcare provider
- Behavioral health provider or counselor
- School
- 211
- United Way
- [Well Badger Online Resource Center](#)
- Home visitor

What to look for...

- Be a critical consumer. You know your child and your own needs best.
- Examine the approach of parenting advice, information or programming. Is it positive? Will it accomplish your goals? Will it help you solve the challenge you are experiencing?
- Every parent can benefit from parent education. Good programs teach parents how to promote the behaviors they want to see in their children, support healthy child development and build a stronger, more enjoyable relationship with their child.
- Getting advice from parents, grandparents, family members, friends, online resources can be helpful, but it is important to remember that advice often comes from personal experience rather than an in-depth knowledge of child development.

Information

[CDC Parenting Information](#) This website offers parents information from pregnancy through the teen years. Parents can learn how to handle common parenting challenges using interactive activities and videos.

[Learn the Signs; Act Early](#) Learn what to expect and watch for as your child grows from infancy through the preschool years on this website.

[Zero to Three](#) Find information on a wide range of infancy, toddler and the preschool age topics.

[Just in Time Parenting](#) A series of newsletters, specific to their child's age, that parents can sign up to receive via a monthly email.

[Parents Toolkit](#) Blogposts and videos are posted for parents of school age children through young adults.

[Successful Black Parenting](#) This online magazine contains information that is written specifically to meet the needs of Black parents.

[Fatherly](#) This fun website is specifically for dads and has a practical advice column called *Ask the Goodfather*. It's a really good site, so mothers might want to check it out also.

[Dadtalk](#) This blog provides easy to read, well researched posts on issues for fathers.

[First Five Fox Valley](#) A website with links to [free developmental screenings](#), [a call-in center for questions](#), and [FAQs and parenting resources](#).

[Make Time for Nine](#) Quick and easy tips to help you build your relationship with your children in 9 minutes a day.

Activities

[CDC Milestone Tracker](#) An app that helps parents identify and save their baby's milestones.

[CDC Parenting Skills](#) Interactive activities that help parents practice new parenting techniques to prepare before using them with their child.

[Vroom](#) A website focusing on infant, toddler and preschool brain building and contains videos, printable materials and [tip sheets](#), available in English and Spanish.

[Vroom Daily Activities](#) A service that sends a daily text containing a brain building activity to do with your child.

[Sparks Video Series](#) Videos that contain information based on each well baby check-up with your baby's doctor.

[Ages and Stages Activity Sheets](#) Fun activities that support bonding and development at each stage from two months to four years.

[Games on the Go Cards](#) 50 game cards for ages 5-8 on up, including guessing games, word games, memory games, and trivia that can be played anywhere when you are on the go with your children.

[Countdown to Growing up Tool](#) Checklists, developed specifically for fathers by the National Fatherhood Initiative, which help to identify milestone achieved by children from one month to eighteen plus years.

[Evidence-Based Parent Education Programs](#) The highest quality programs are called "evidence-based" because they have been proven to work for many parents and kids. To find out if one of these programs might be available in your area contact [family resource centers](#), community centers, doctor's office, libraries, University of Wisconsin-Extension, Head Start, childcare centers or schools. Examples of programs found in Wisconsin include Triple P Positive Parenting Program, Nurturing Parenting Program, ACT Raising Safe Kids, and The Incredible Years.

[Community Campaigns](#) There may be specific community wide efforts available in your area that are designed to inform and support parents with early childhood brain building in an effort to enhance school success. They often sponsor fun, free community activities and resources for young children and their families. Campaigns include:

- Talk Read Play
- Born Learning
- Success by Six
- Cradle to Career